Consent & Your Rights

At MYND Practice, we believe you should feel informed, involved and comfortable throughout your assessment.

Your consent

Before your assessment, we will explain what is involved and give you the opportunity to ask questions. We will seek your consent before carrying out assessment activities and collecting information about you.

You are free to ask questions, raise concerns or discuss any aspect of your assessment at any time.

You can **withdraw your consent at any point**, although there may be circumstances where we are required to retain information already recorded as part of your clinical records.

Your rights

You have the right to:

- Be treated with dignity, respect and compassion
- Receive clear information about your assessment
- Ask questions and express concerns
- Be involved in decisions about your assessment
- Request reasonable adjustments to support your participation
- Have your personal information treated confidentially
- Raise a complaint or provide feedback about our service

We will aim to make the assessment process collaborative and accessible, and to ensure you understand what is happening at each stage.

If you have any questions about consent or your rights, please contact us at **info@myndpractice.com**.